

The Golf Foundation is committed to giving ALL children and young people the opportunity to experience the playing and personal benefits of golf...

This document has been produced by the Golf Foundation. It has been created to provide guidance to professionals and volunteers within golf facilities to ensure that junior activity can be inclusive for disabled children and young people. There is some excellent advice available from expert organisations so this document will signpost you to the relevant information. We work with many partners to ensure that we can offer support and guidance to those clubs who want to make their START, LEARN and STAY offers available to everyone.

Charter for Change from the Activity Alliance

The Activity Alliance works to make active lives possible. They do this by enabling organisations like yours to support disabled individuals into participation. In 2015 the Activity Alliance unveiled a charter which simply asks that disabled people should have every opportunity to be as active as non-disabled people. Almost one fifth of the population is disabled. Physical activity can make a fundamental difference to disabled people's quality of life, it can increase independence and benefit our economy and yet disabled people's activity levels remain low. As the Golf Foundation we fully support the Charter for Change.

The Charter outlines three asks:

- 1** Everyone involved in providing sport or physical activity will support disabled people to participate.
- 2** Disabled people will have the same opportunity as non-disabled people to be active throughout their lives.
- 3** All communications about sport and physical activity will promote positive public attitudes towards disabled people's participation.

For more information about the campaign click here





CPD Opportunities - What is it?

■ **Access for All: Opening Doors**

This guide is aimed at anybody involved in running or working in a sports club. You could be a volunteer, a coach, a club member or supporter. It is not a detailed technical guide, but intended as a starting point. The resource will take you through the main areas of physical access and signpost you to sources of further information and support and can be found [here](#).

■ **Inclusive Golf Coaching Level 1 and Level 2:** (£42 members, £95 non-members)

This is for PGA Coaches and provides a wider education on inclusive and disability coaching. [Click here](#) for more information.

■ **Inclusive Activity Programme**

(£20 per person or £180 to run a course):

This 3-hour workshop, developed in partnership with Activity Alliance, will equip you with the skills to engage disabled people and people with long-term health conditions more effectively in activities – but actually just make you a better coach.

[Click here](#) for more information.

■ **Effective Communication: Coaching Deaf People In Sport** (£20 - £30):

Improve your coaching sessions by learning how to meet the needs of deaf participants. Developed by UK Coaching, UK Deaf Sport, National Deaf Children's Society.

[Click here](#) for more information.

■ **The National Deaf Children's Society (FOC):**

The National Deaf Children's Society has fact sheets, reports and other downloads available. [Click here](#) for more information.

■ **Inclusive Coaching: Disability** (£20 - £30):

With this UK Coaching workshop you will learn the basic elements of classification in disability sport. Get to grips with participant pathways for disabled participants. Gain additional knowledge by reflecting on your, and other attendees', past experiences and learn how to make appropriate modifications, adaptations and progressions to a planned session to include all participants.

[Click here](#) for more information.

■ **How To Coach Disabled People In Sport** (£20 - £30):

This workshop will give you the confidence and understanding to ensure your coaching is more inclusive.

It aims to answer the commonly asked questions about disabled sports participants and will show you how, with a few minor adjustments to the way you work, you can make your coaching more accessible and more effective.

This workshop is a 'Minimum Standard for Active Coaches' requirement for many governing bodies of sport. The Golf Foundation also share this view. [Click here](#) for more information.

■ (Learn At Home - online) **Coaching People With Visual Impairments** (£8.99):

Complete this course and you will feel more confident including people with a visual impairment in your sports and activity sessions. Packed full of helpful tips, practical solutions and vibrant videos*, the 6 modules will increase your knowledge, assurance and skills to be able to coach people with a visual impairment.

[Click here](#) for more information.

■ (Learn At Home - online) **Understanding Autism** (£30):

What to look out for and understand those better who have Autism/Asperger's. [Click here](#) for more information.

■ (Learn At Home - online) **Autism, Sport and Physical Activity** (£30):

The module will provide a comprehensive introduction to the autism spectrum focusing on the delivery of sport and physical activity. Recognising and understanding the key areas of difficulty experienced by both the participants and the session leaders is vital to providing effective support.

[Click here](#) for more information.