

Grand National (Chipping)

Primary and secondary challenge card



Space

- Reduce the distance between the first fence and hitting position.



Task

- You can set up a tee to hit the ball off by placing the ball on top of something so it is slightly raised off the ground.
- Increase the distance between the fences to make it easier.



Time

- Play for 1 minute or see how long it takes to reach 60 points and try and beat your time for a new personal best.



Equipment

- If you don't have a golf club, use a cricket bat, tennis racket, badminton racket or any other suitable object you can find.
- If you don't have a ball, get creative and use a scrunched up paper ball, a pair of socks, or any other object you can find.



People

- This challenge can be done from a sitting position rolling the ball with your hands.
- The whole family can play, make the fences wider or narrower depending on their ability.



Place 4 fences in a line one behind each other, 1 metre apart, with the first being 1 metre away. Starting with the nearest fence, try and chip the ball over each of the fences. Score from where the ball lands, not where it stops. 1st fence = 2 point, 2nd fence = 3 points, 3rd fence = 5 points, 4th fence = 10 points. How many points can you score in 1 minute? Maximum of 60 points.

STEP

Ideas on how to adapt the activity in a national lockdown.

Activity video link:
Golf Foundation TV - Lockdown Knockdown

www.yourschoolgames.com